

May 15, 2020 – Weekly Devotion

Love of Spirit Spiritualist Church, NSAC

Not Holding Back



There has been some accelerated talk about life going back to some sort of “old” normal. In specific phases, businesses will be able to resume business hours and our society can possibly take a positive turn. I listen to comments made by various groups of people whether this is a good or bad move. What determines good and bad? What may be good for one, may not be good for another. Just because something is perceived as bad, may be considered bad because of the fear associated with the concept of change.

You see, it’s sort of like hoping for the best but expecting the worst. We know by the Law of Attraction; we have created two realities. Which reality will win? The one with the most fear or the other filled with optimism? Many have been incredibly careful these past weeks to only be seen in public for essential services, like gathering food. Some have ventured out to test the theory that these times are just a conspiracy and proved they could stay well. So again, which is bad, and which is good? Which one promotes life, and which one stifles life? It’s all perception.

Never let one experience from the past hold you back in the future

“As a man was passing the elephants, he suddenly stopped, confused by the fact that these huge creatures were being held by only a small rope tied to their front leg. No chains, no cages. It was obvious that the elephants could, at any time, break away from their bonds but for some reason, they did not.

He saw a trainer nearby and asked why these animals just stood there and made no attempt to get away. ‘Well,’ trainer said, ‘when they are very young and much smaller, we use the same size rope to tie them and, at that age, it’s enough to hold them. As they grow up, they are conditioned to believe they cannot break away. They believe the rope can still hold them, so they never try to break free.’

The man was amazed. These animals could at any time break free from their bonds but because they believed they couldn’t, they were stuck right where they were.”

Moral: Experience can trigger many emotions which should not hold us back for the future.

As we enter new phases of the integration of life, it’s important that you find your own level of comfort. Your intuition will guide you if you let it. Yes, there will be some changes when mixing with others in public. Business should be mindful of social distancing. And there will be some who will test the theory even farther to prove what the need to themselves. You still have free choice and free will to follow the ways your intuition guides.

The challenge to you this week is this; by having the time of change, how has it affected your life for the better? How has this time of staying at home brought you closer to the God within? If you have discovered something new within yourself that you have found maybe a bit vulnerable, maybe you have opened the door to a closer connection to your soul.

Life has changed, that is true. It’s still life. It’s still learning how to live in a different, more personal way. It makes me wonder if we agreed to come to this life to learn the ways of freedom and recently the lesson was how to value freedom? Again, neither one are good or bad; they just are....are to be.

It’s my hope that you have discovered a new personal beautiful during this time of new normal. What if the new normal was never really about a virus, but it was all about taking time to discover and love you!

May God keep you safe and well,

Bonnie.

God of experience. So many times, I have felt in control of experiences. There are times which have proven I truly had to put my trust and love in the power of my God. As I look back at these past weeks, I know my life has been filled with various emotions that exude fear as well as learning to release. Thank you for showing me that my vulnerability has personal rewards. Help me to understand what and why I need to release in my life. Amen

ANNOUNCEMENTS

We will be holding a church service on Zoom, Sunday church service time at 5pm.

This Sunday we welcome the Reverend Carol Luetkens to deliver our sermon!

- **We are looking for song ideas!** If you have a song that you would like to be considered for our songbook, send them to info@yourloveofspirit.com We are updating the song book while we have this time off.
- **We will have a service May 24 on Zoom.** Typically, on Memorial Day weekend we do not have church services. Check next week's devotion which will announce our next guest speaker!
- **Anyone interested in taking classes for certification for** Commissioned Healer, Certified Medium, Ordained Minister and National Spiritualist Teacher, contact Pastor Bonnie at info@yourloveofspirit.com
- **If you want to continue to support the church,** we have added a "DONATE" button on the first page of our website. <https://www.yourloveofspirit.com/>. Thank you in advance for your continued support and a special thanks to those who have contributed. If you don't feel comfortable with PayPal and still want to help your church, contact the church through info@yourloveofspirit.com
- **For past devotions and copies of Sunday Sermons** go to <https://www.yourloveofspirit.com/Devotions>
- **Do you have a story idea that would be suitable to use for the devotions?** To submit your authentic story to for our devotions, send to revbonnie1216@aol.com and type **STORY** in the subject line.
- **We are still unsure when we will be able to meet in person again.** It looks as if the Campus Religious Center may extend the stay at home order. Currently, we are planning on June 7, depending upon the restrictions.
- **For updates** visit our website: <https://www.yourloveofspirit.com/>
or Facebook: <https://www.facebook.com/YourLoveOfSpirit/?ref=bookmarks>

DECLARATION OF PRINCIPLES

1. We believe in Infinite Intelligence.
2. We believe that the phenomena of nature, both physical and spiritual, are the expression of Infinite Intelligence.
3. We affirm that a correct understanding of such expression and living in accordance therewith, constitute true religion.
4. We affirm that the existence and personal identity of the individual continue after the change called death.
5. We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.
6. We believe that the highest morality is contained in the Golden Rule, "Do unto others as you would have them do unto you."
7. We affirm the moral responsibility of individuals, and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.
8. We affirm that the doorway to reformation is never closed against any soul here or hereafter.
9. We affirm that the precepts of Prophecy and Healing are Divine attributes proven through Mediumship.

PRAYER FOR SPIRITUAL HEALING

I ask the great unseen healing force to remove all obstructions from my mind and body and to restore me to perfect health. I ask this in all sincerity and honesty, and I will do my part.

I ask this great unseen healing force to help both present and absent ones who are in need of help and to restore them to perfect health. I put my trust and love in the power of God.